

Can You Remove A Heart Wall in a Single Session?

Honestly, I wish it was that easy.

But the truth of the matter is these emotional injuries, heartache and trauma have either happened over time, or the fallout from one traumatic event has built up over time.

These negative emotions have been built upon, each time layering upon each other to build the thick heart wall weighing you down now.

Why multiple sessions?

There is no pill to pop. There is no quick fix.

Emotions are complex. Your heart wall is layered with trapped emotions you have not been able to just flick away or ignore.

So, peel off each layer... recovering from each heartache... all takes time.

You need to have the time and space to deal with each emotional layer trapped in your heart wall. Support yourself – do not rush yourself.

What happens in the sessions?

I use my knowledge and experience to release your negative emotions toward your positive outcome.

And as the layers peel off and fall away, your heart is released from its walled prison and is able to engage in a journey to fulfilling life! Renewed in the energy and life force your body desires and deserves.

How many sessions do I need?

This process cannot be rushed. I cannot work with you continually for the entire day and release your trapped emotions – it makes sense that multiple sessions spread out over the next few weeks or months will be far more beneficial.

Some people find during the process of releasing their heart wall that they may have a second wall or a hidden heart wall

All of these can and will be addressed, however each Heart Wall is released individually and may take time.

I offer a WIN WIN package to release your Heart Wall/s..... no matter what!



The release of my Heart Wall

With your heart wall released, you will have a renewed sense of energy and an amazing feeling of “calmness”.

Typically, once your heart wall is released, it should not return, and I make sure you are given tools/strategies to help you with this.

Are you ready?

Do not let life pass you by. Release your heart from the wall around it. Reconnect with your own life force and those around you!

I am Zazeh and I'm here to be your guide on this journey – please reach out and let me help you become your true YOU!

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